

SUMMERTIME SLIMDOWN **BOOTCAMP**

April 24th - May 27th

Mondays & Wednesday at 6pm

Saturday Mornings at 9am

Get ready for summer with this 5 week program that will lead you right up to pool season! Three workouts per week that will focus on high intensity exercises most effective for burning fat!

Regular Registration: March 15th - April 12th; \$30/participant

Late Registration: April 13th - April 24th; \$45/participant

For more information, contact Kaley Coulter at 660-562-2923

Register Online at
www.activityreg.com
or call (660)562-2923



Maryville Community Center
1407 N. Country Club Rd
Maryville, MO