

# *SUMMERTIME SLIMDOWN* **BOOTCAMP**

**April 23rd - May 26th**

Mondays & Wednesday at 6pm

Saturday Mornings at 9am

Get ready for summer with this 5 week program that will lead you right up to pool season! Three workouts per week that will focus on high intensity exercises most effective for burning fat!

**Regular Registration: March 21st - April 11th; \$30/participant**

**Late Registration: April 12th - April 22nd; \$45/participant**

For more information, contact Kaley Coulter at 660-562-2923 or  
[kaleycoulter@maryvilleparks.org](mailto:kaleycoulter@maryvilleparks.org)

Register Online at  
[www.activityreg.com](http://www.activityreg.com)  
or call (660)562-2923



Maryville Community Center  
1407 N. Country Club Rd  
Maryville, MO