

SUMMERTIME SLIMDOWN **BOOTCAMP**

April 23rd - May 26th

Tuesday & Thursdays at 5:30pm-6:30pm

Saturday Mornings at 8:30am-9:30am

Get ready for summer with this 5 week program that will lead you right up to pool season! Three workouts per week that will focus on high intensity exercises most effective for burning fat!

Regular Registration: March 21st - April 18th; \$35/participant

Late Registration: After April 18th; \$50/participant

For more information, contact Kaley Coulter at 660-562-2923 or
kaleycoulter@maryvilleparks.org

Register Online at
www.activityreg.com
or call (660)562-2923



Maryville Community Center
1407 N. Country Club Rd
Maryville, MO